# Dolphin Dive

Alpha Omega Epsilon

Monthly Newsletter of the Beta Omega Chapter

### **OUR SISTERS SLAYED THIS MONTH!**



### Both literally ...

To celebrate our sisters' investigative minds as well as the month of October, we held a murder mystery night ("Murder Sister-y"). With the highest attendance rate this semester, we had so many diverse characters, all with the same goal of discovering the lore and culprits behind the murders of A.O.E. High School. Unfortunately, they were unable to decipher the clues in time to save themselves, and the curse of the graveyard A.O.E. High was built on prevailed

"Murder Sister-y Night was an absolute blast! Teaming up with the sisterhood committee and being able to come together to create such a fun night was really special to me. Although there were definitely some challenges in creating such a large-scale murder mystery, I was really happy with the turnout and I am incredibly grateful that people enjoyed what we created for them."

-Tatiana Fern (Zeta Class)

### And professionally!

Our wonderful PD team put on a couple workshops for actives and candidates this month to develop our professional skills.

The Diversity and Inclusivity workshop was an incredible experience! As a collaboration with Internal Chapter Relations, we were able to learn and discuss ways that we can be better at making every aspect of our lives more inclusive to those around us. We also discussed some hypothetical scenarios to try to be better prepared community members should situations like that arise.

LinkedIn is a very helpful tool for job hunting and networking, but it can be intimidating at first. Knowing this, our PD team hosted a LinkedIn workshop to both teach us about how to best use LinkedIn, and provide time to work on and get personal advice for our own LinkedIn pages! Thank you to the PD Committee Head, Taryn Wright (Epsilon Class) for sharing her knowledge with all of us!

his month, we spent a lot of time preparing our candidates for the responsibilities of being an active. They finished up collecting their points, working on their candidate project, and even hosted an event of their own for everyone to enjoy!

The future Eta class took inspiration from our LinkedIn workshop, and decided to help out the attendees by making sure they could get a headshot done to use as a profile picture while building their profile. They fully organized this event by themselves, choosing the time, location, details, and actually carrying out the photographing, editing, and distribution of photos.

"Our new candidate class is so amazing, so it is no surprise that their PD event went so great. The candidate class was super accommodating and professional with their event, they had different locations that could provide the best background and lighting for professional headshots. And I'm glad I went, because now I finally have a profile picture for my LinkedIn! Thanks candidate class."

-Barbara Ulloa Gonzalez (Zeta Class)

We can't wait to see what else the future Eta class will accomplish when they become actives!







SEPTEMBER THROWBACK: CONGRATS TO OUR NEWLY AGGIE RING'D SISTERS!



### Event of the Month: Women in STEM Embroidery Event with Phi Sigma Rho

As we worked through the first round of midterms, everyone had *seam-ed* a little stressed, so we partnered up with Phi Rho for an embroidery fundraiser that was so much fun it left us in *stitches*! This event was open to anyone who wanted to show support.

"I really enjoyed organizing an event that allowed sisters to show their creativity and learn a new skill. The embroidery event was a great way to raise money for the chapter while interacting with other women in STEM."

-Angela Bauer (Delta Class)

# FROM PIZZA TO POLE: HEALTHY BALANCING

o many of our sisters love to stay fit, and even more of us love to gorge ourselves on carbohydrates every once in a while. So having another fitness class + pizza profit share was a no-brainer!

The 'P.O.P.'-up sisterhood event, a Pole Fitness class at Innovate Fitness, was a favorite we brought back from last semester. Sisters had a blast working out muscles they didn't even know existed and being silly in such a supportive environment.

To make up for all the muscles we gained in the fitness class, we had a profit share with MOD Pizza this month, another favorite brought back from last semester! Sisters enjoyed grabbing a slice together- we've got some real pizza aficionadoughs on our hands!

"I really enjoyed the pole fitness social! It was a very challenging but rewarding experience. Trying new things with my sisters is the best!"

-Kennedy Thrash (Zeta Class)



### Cards for Texas Children's Hospital

During one of our philanthropy events this month, we created *punny* cards for patients at Texas Children's Hospital. Our sisters colored their hearts out for an opportunity to make a child smile.

"LeeAnne did such a great job organizing this event! From the adorable cards she picked out to color (some of which she drew herself!), the slide set that gave us ideas of what was best to put on the cards, to even the upbeat music and atmosphere she created, this event was so much fun!"

-Katelyn Clark (Epsilon Class)



### Our sisters got their hands dirty for Aggie Replant Day this year.

Replant Day is the largest, one-day, student-led, environmental service project in the nation, which lets students plant trees and take back control of caring for their local environment .. and we got the privilege of hosting one of the sites!

All attendees had lots of fun, despite the taxing manual labor, and we're so proud of A.O.E.'s contribution to the community. Here's to hoping that we can continue to participate in Replant Day in the future, and thank you to the sisters who are also members of Aggie Replant for helping us find this opportunity.

"It was super fun getting to bond with my A.O.E. sisters at Aggie Replant while making the Lorax proud! We hope our plant babies are thriving."

-Emily Wong (Eta Candidate Class)

### Sisters of the Month: Membership Education Committee



Emma Trussell Delta Class



Cindy La



Lindsey Ford Epsilon Class



Elizabeth Ruben



Alli Lutz Epsilon Class



Kashala Robinson



Amy LaFrance Epsilon Class



LeeAnne Kong Zeta Class



Barbara Ulloa Zeta Class



Marilyn Stubbs



Cecilia Ramos Epsilon Class



Tatiana Fern

We talked about all the hard work our candidates have been putting in, but our Membership Education Committee has been there every step of the way putting in just as much effort. They're October's Sisters of the Month because of their commitment to the betterment of the future of our Chapter, and we're so grateful for them! A special thanks to Emma Trussell, the Membership Educator, and Lindsey Ford, the Committee Head.

### **October Birthdays**

It's that time again! Time to celebrate getting another year with our favorite October babies.

- 10/3: Kashala Robinson (Zeta Class)
- 10/17: Lorraine Fernando (Alpha Class)
- 10/17: Taryn Wright (Epsilon Class)
- 10/20: Emily Hall (Delta Class)

We're so happy to appreciate your existence, and we can't wait for many more years with all of our sisters! Happy birthday!

### A.O.E. TAKES ON AGGIE FOOTBALL







Aggie football season is in full swing! While the result of the game is always up in the air, having a great game day with our sisters is something we can always count on. We're so glad to have football back at Kyle Field!

"The only thing I love more than being apart of the sprit of 12th Man is when I get to share that spirt with my sisters! There is nothing quite like yelling our hearts out, sawing 'em off, giging 'em hard, and trying to get on the JIMBO-tron together! There is not better way to cheer on Aggie football than with those I love."

-Alexis DeGraaff (Alpha Class)

#### RECIPE OF THE MONTH: MUMMY BRIE

Perfect for your Halloween Party Spread or to snack on while you watch scary movies, and super easy to put together!

#### INGREDIENTS:

- All-purpose flour, for surface
- 1 Sheet puff pastry, thawed
- 1 (7-oz.) wheel of brie
- 1 large egg
- 1 tbsp. milk
- 2 mini pepperoni
- 2 sliced black olives

### INSTRUCTIONS:

- 1.) Preheat oven to 400°.
- 2.) On a floured work surface, unroll puff pastry and cut into 1" strips. Wrap strips around brie like a mummy.
- 3.) Whisk together egg and milk and brush over pastry.
- 4.) Transfer brie to a parchment-lined baking sheet.
- 5.) Bake until brie is warmed through and gooey and puff pastry is deeply golden, 20 minutes.
- 6.) For eyes, place two mini pepperonis into two sliced olives.
- 7.) Serve with crackers.

Recipe courtesy of Rian Handler from Delish.

Yields 4 Servings Prep Time: 15 Minutes Total Time: 35 Minutes

## Actives enjoyed a Halloween-themed Chapter with spooky games, snacks, and costumes.

A sisterhood game with fun facts about each other, Heather Wells' (Epsilon Class) delicious spin on spice cookie sandwiches, candy, and a costume contest ... what more could we wish for during our Halloween Chapter?



Tatiana Fern as Sailor Moon Zeta Class



Adriana and Barbara as Taylor Swift Zeta Class



Mya Alexander as a Minion Epsilon Class



Madi and Kim as a Scarecrow and Witch Alpha Class



Cindy Zhuang as a Sim Zeta Class



Alli Lutz as Draco Malfoy Epsilon Class



Emily Hall as a Wizard Delta Class



Isabella Nicholls as Little Red Riding Hood Epsilon Class



Cindy La as a Care Bear Epsilon Class